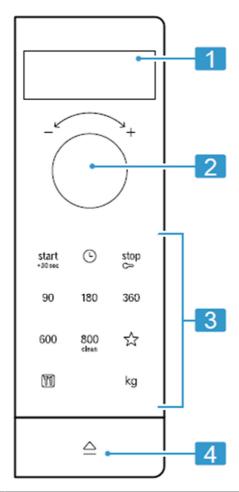
# **MICROWAVE BOSCH**

# DO NOT PLACE METAL DISHES OR ALUMINUM FOIL IN THE MICROWAVE

## **CONTROL PANEL**



1	Display	Display clock or cooking time.	
2	Rotary selector	tary selector Set the time, cooking time or automatic programmes.	
3	Buttons	Select functions.	
4	Door opener	Open the door.	

#### USE

- 1. Press the button for the microwave setting that you require.
- 2. Use the rotary selector to set the requires cooking time.
- 3. Press Start button.
- 4. An audible signal sounds once the cooking time has elapsed.

### **USING THE PROGRAMS**

- 1. Select a program.
- 2. Press repeatedly until the display shows the required program number.
- 3. Press kg  $\rightarrow$  the display shows a default wight.
- 4. Turn the rotary selector to specify the weight of the dish.
- 5. To start operation, press Start button.
- 6. If a signal sound during the program, open the appliance door and stir or turn the food. Close the appliance door and press Start button.
- 7. An audible signal sounds once the cooking time has elapsed.

If you want to stop the operation before it runs out, open the appliance door and press Stop selector.

### **QUICK START**

You can use a button to start the maximum microwave power setting.

- 1. Press Start button.
- 2. The maximum microwave power setting is started for 30 seconds.
- 3. Press Start button again to extend the cooking time by 30 seconds in each case.

### **MICROWAVE POWER SETTINGS**

Microwave power setting in watts	Use	
90	Defrost delicate foods.	
180	Defrost food and continue cooking.	
360	Cooking meat and fish or heat- ing delicate foods.	
600	Heat and cook food.	
800	Heat liquids.	

### **AUTOMATIC PROGRAMS**

### **DEFROSTING**

Programme	Food	Cookware	Welght range in kg
P01	Minced meat	Open	0.20-1.00
P02	Pieces of meat	Open	0.20-1.00
P03	Chicken, chicken pieces	Open	0.40-1.80
P04 Bread		Open	0.20-1.00

## **COOKING**

Programme	Food	Cookware	Weight range In kg	Information
P05	Rice	With lid	0.05-0.20	<ul> <li>For rice, use a large, deep dish.</li> <li>Do not use any boil-in-the-bag rice.</li> <li>For every 100 g rice, add twice to three times the amount of water.</li> </ul>
P06	Potatoes	With lid	0.15-1.00	<ul> <li>For boiled potatoes, cut fresh potatoes into small, equally sized pieces.</li> <li>Add one tablespoon of water and a little salt for every 100 g boiled potatoes.</li> </ul>
P07	Vegetables	With lid	0.15-1.00	<ul> <li>Weigh fresh, washed vegetables scales.</li> <li>Cut the vegetables into small, uniform pieces.</li> <li>Add one tablespoon of water for every 100 g boiled potatoes.</li> </ul>

#### CHILDPROOF LOCK

You can secure your appliance to prevent children from accidentally switching it on or changing the setting.

- → Press and hold Stop button for approx. 4 seconds. The control panel is locked and SAFE appears in the display.
- → To deactivate the childproof lock press and hold the Stop button for appox. 4 seconds. The control panel is unlocked.